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A full-page background image showing a fly fisherman in a river, surrounded by lush greenery and hills under a blue sky with clouds. The fisherman is in the lower center, casting a line. The river flows from the left towards the center. The background features rolling hills and dense forests.

& RECONNECT & RESET

T E R R A F I R M A

As we speed ever faster into the future, we rarely check the rear-view mirror to consider what we are leaving behind. From bespoke health trips to mastering a new skill, *Navigator* takes a look at the opportunities to reconnect, reset, and slow down.

WORDS MIRIAM CAIN

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Take the Reins

For a vacation that's a true departure from the typical day-to-day, a stay at the 30,000-acre Brush Creek Ranch will leave you feeling exhilarated and energized. Located in Wyoming's North Platte River Valley, the working cattle ranch caters to every style, with the family-friendly Lodge & Spa at Brush Creek, the secluded Magee Homestead, the French Creek Sportsmen's Club, and the Cabin Residences. The latter is the most luxurious of the accommodations, which, when combined, offer the ultimate private experience. Huge floor-to-ceiling windows afford jaw-dropping views over the Sierra Madre and Medicine Bow mountain ranges that flank the property. Twice daily activities include hiking, ATVing, rock climbing, fly-fishing, and, of course, horseback riding. Those looking to simply unwind can book a treatment, enjoy sunrise yoga, or simply indulge in delectable epicurean delights.

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Test... Your horsemanship and unleash your inner cowboy or cowgirl with an authentic Wild West experience herding cattle across Brush Creek Ranch.

02 Drive cattle through the Ranch's varied terrain

03 Dine on farm-to-table cuisine

04 Reconnect and reset in Brush Creek's wilderness

05 Discover the Great American West with a stay at Wyoming's Brush Creek Ranch

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Wellness for Bon Viveurs

Slow down, unwind, and forget about the stresses of everyday life at Euphoria Retreat. Located on Greece's lesser-known Peloponnese peninsula, the holistic-wellbeing destination spa blends cutting-edge science with ancient wisdom. Through wellness consultations, massage, sound healing, chakra balancing, and more, guests are gently guided toward inner balance. The vision is deeply personal for founder Marina Efraimoglou, a former chairwoman of a Greek bank whose own transformative journey inspired the creation of this award-winning retreat, where true "euphoria," a harmonious blend of body, mind, and soul, is the ultimate goal. For those seeking a more scientific approach, Euphoria will soon be unveiling its new medical program with a longevity focus.

Experience... A journey of self-discovery and renewal with Euphoria's Inner Emotional Harmony program.

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06 State-of-the-art wellness facilities include a Byzantine hammam

07 The tepidarium offers a space to relax and restore

08 The multi-level property is dedicated to wellness



09 Blurring the lines between the inside and outside, Euphoria's infinity pool stretches toward the horizon



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- 10 The estate houses a selection of indoor and outdoor dining venues
- 11 Château La Coste is a hybrid destination for art, wine, and nature
- 12 The wine cellars are housed in contemporary structures
- 13 The vineyard is spread across the 17th-century wine estate
- 14 The 31 suites, some with private pools, offer breathtaking views

Grape Escape

To travel is the opportunity to connect with people and learn directly from those who have mastered their craft. Spend time with a master vintner while staying at Villa la Coste on the same estate as the wine-producing Château la Coste and boutique hotel Auberge la Coste. This hilltop Francophile's haven is located in the heartland of Provençal wine country, between Aix-en-Provence and the Luberon.

Villa la Coste is home to 31 suites, all with vine or valley-facing terraces. When not touring the vineyard, you'll be able to indulge in a treatment at the villa's Spa et Bien-Être, or read all about the history of wine in the library, before an evening of wine and food pairing at the villa's fine dining restaurant, helmed by Michelin-star chef Hélène Darroze.

Learn...

The delicate art of blending grapes to create the perfect wine.

- 15 La Villa Coste Restaurant is one of four dining venues on the estate
- 16 La Galerie Par Hélène Darroze features views over the Luberon valley
- 17 Guests of Villa la Coste can learn about the winemaking techniques

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African Odyssey

For the ultimate 360-degree African safari experience, pair a sophisticated stay in Cape Town with an off-grid luxury escape in the Okavango Delta. Check into the recently opened Atzaró Cape Town, a small luxury hotel set at the foot of Table Mountain. After a few days exploring the vibrant city, fly to Botswana for a true African adventure. Located in the heart of Botswana's Okavango Delta, Atzaró Okavango offers exclusive access to one of the world's most iconic wildlife areas. The secluded safari camp marries the old-fashioned glamor and allure of a classic safari experience with modern principles of conservation, sustainability, and authenticity. Guests can choose from 12 suites and two private villas, all with their own plunge pools. The camp also houses a large pool, bar, dining area, and wellness area.

Explore...

Nearly 500 square miles of unspoiled wilderness with a guided game drive, safari night drive, safari hike, helicopter safari, or photography safari.

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18 Atzaró Okavango Camp lies in the Okavango Delta

19 Atzaró Cape Town boasts stunning views of Table Mountain



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- 20 Atzaró Okavango is beautifully designed
- 21 Pair non-stop wildlife spotting with next-level creature comforts
- 22 Sustainable luxury is at the heart of Atzaró Okavango
- 23 Discover the untouched beauty of Botswana's Okavango Delta
- 24 The stylish safari camp offers palatial accommodations
- 25 Experience relaxed luxury surrounded by pristine wilderness